



HOPE Therapeutic Riding Center

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Website: www.hope-whidbey.org

STUDENT RESPONSIBILITIES (GENERAL)

1. Learn and follow the Horse Safety Rules provided separately.
2. Clothing policy:

Wear layers that are warm and comfortable for a variety of temperatures. No halter or spaghetti-strapped tops or muscle shirts. **Long pants are required for riders.** Recommend having gloves and rain gear handy, too.

Boots are recommended. **Closed-toe/heel shoes are required.** NO sandals or slip-ons! Remember you could be walking in mud or worse! Lessons are rain or shine!

For safety reasons, remove all dangling jewelry (e.g., earrings, bracelets, necklaces).
3. Show up for every lesson or notify Instructor more than 24 hours in advance of a future absence.
4. Show up at your scheduled lesson time. Lessons incorporate grooming and tacking time. Students arriving more than 15 minutes late will be unable to participate in that day's lesson.
5. Sign into the Daily Insurance Log.
6. Be respectful to yourself, your fellow students, the volunteers, your horse and the instructors.
7. Check Horse-Student Listing for your helmet size, horse assignment, volunteers assigned and tack needs.
8. Get your helmet and put it on.
9. Greet your volunteer(s) and together gather assigned grooming tools and tack before getting horse out.
10. With your volunteer(s), greet your horse and properly lead your horse from its stall, with volunteer assistance, if necessary.
11. Groom and get to know your horse. They feel so good!
12. Tack your horse then take your horse for his or her warm up walk around the arena.
13. **Wait for the Instructor to assist with mounting and dismounting.**
14. Listen to the Instructor's directions and try to do your best.
15. Have fun!!
16. Remember to offer your hard-working horse water, then untack and groom your horse.
17. Give your horse a treat (in bucket) and check water and muck stall with your volunteer's assistance.
18. Put away tack and grooming box after your horse is secure in its stall.
19. Thank your Team, including your horse, for their support!
20. Clean and put your helmet away.
21. Sign out of the Daily Insurance Log.
22. Have a great week!!!